

# Self Sowing Plants

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Special Plants  
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(01225) 891686 [www.specialplants.net](http://www.specialplants.net)

**Hardy Annual** – grows, blooms, sets seed and dies in one season,  
can be sown autumn or spring in situ or in pots

**Hardy Biennial** – naturally takes two years to flower set seed and die, but can trick it into  
one calendar year by sowing late spring, flowers following year, sets seed and dies

**Short-Lived Hardy Perennial** – lives and blooms for 2, 3 or 4 years, then dies,  
sow early spring to bloom same year or June for following year

**Hardy Monocarpic Perennial** – flowers in 2 or 3 or 4 years, sets seed and dies  
sow late summer when seed ripens and leave outside

**Hardy Perennial** – lives and blooms for several years  
usually best sown late summer when seed ripens, and left outside

All available as seed at [www.specialplants.net](http://www.specialplants.net)

## Hardy Annuals

Papaver somniferum single white  
Papaver somnif. 'Black Beauty'  
Papaver somnif. 'Lauren's Grape'  
Papaver rupifragum  
Papaver rhoeas 'Mother of Pearl'  
Papaver rhoeas 'Pandora'  
Euphorbia stricta  
Silene armeria 'Electra'  
Cerinthe major 'Purpurascens'  
Orlaya grandiflora  
Nemophila 'Penny Black'  
Viola 'Bowl's Black'  
Tragopogon crocifolius  
Atriplex hortensis Rubra  
Impatiens scabrida  
Borago officinalis  
Calendula officinalis 'Bronze Beauty'  
Panicum 'Fibre Optics'  
Nicandra physalodes 'Violacea'  
Omphalodes linifolia

## Hardy Biennials

Delphinium requienii  
Eryngium giganteum  
Onopordum nervosum (= O. acanthium?)  
Angelica archangelica  
Angelica sylvestris Purpurea  
Matthiola perenne Alba  
Echium vulgare  
Digitalis 'Pam's Choice'  
Verbascum 'Cotswold King'

## Hardy Monocarpic Perennials (slow biennials)

Smyrniolum perfoliatum  
Ligusticum lucidum

## Short-Lived Hardy Perennials

Lunaria 'Corfu Blue'  
Malva moschata 'Alba'  
Geranium 'Bill Wallis'  
Lychnis coronaria 'Oculata'  
(Lychnis 'Gardener's World')  
Lychnis 'Blood Red'  
Glaucium corniculatum  
Nepeta faassenii  
Erodium pelargoniflorum  
Eschscholtzia californica Alba  
Oenothera 'Sunset Boulevard'  
Oenothera odorata  
Meconopsis cambrica 'Frances Perry'  
Bronze Fennel  
Stipa tenuissima  
Stipa arundinacea  
Corydalis ochroleuca  
Hesperis matronalis  
Hesperis matronalis 'Alba'  
Linaria 'Canon Went'  
Linaria 'Deep Rose'  
Argemone grandiflora  
Knautia macedonica  
Knautia arvensis  
Digitalis mertonensis  
Patrinia punctiflora  
Erigeron karvinskianus  
Erigeron annuus  
Verbena bonariensis  
Verbena officinalis 'Bampton'  
Verbascum roripifolium  
Bupleurum falcatum tall form  
Viola cornuta Alba  
Viola corsica

## Hardy Perennials

Allium 'Purple Sensation'  
Allium cristophii  
Allium sphaerocephalon  
Primula florindae  
Impatiens arguta alba

Geranium 'Mrs Kendal Clark'  
Valeriana officinalis  
Molinia arundinacea  
Alchemilla mollis

## Enthusiastic Self Sowers

Cerithe major 'Purpurascens'  
Digitalis 'Pam's Choice'  
Eryngium giganteum  
Eschscholtzia 'Jersey Cream'  
Geranium 'Bill Wallis'  
Knautia macedonica  
Linaria 'Canon Went'  
Linaria 'Deep Rose'  
Lychnis coronaria 'Oculata'  
Omphalodes linifolia  
Papaver 'Mother of Pearl'  
Papaver rupifragum  
Silene armeria 'Electra'  
Tragopogon crocifolius  
Verbascum blattaria aliblorum  
Viola corsica

## Possibly Overenthusiastic Self Sowers

Alchemilla mollis  
Allium cristophii  
Atriplex hortensis Rubra  
Borago officinalis  
Echium vulgare  
Erigeron annuus  
Erigeron karvinskianus  
Ligusticum lucidum  
Molinia arundinacea  
Tragopogon crocifolius  
Valeriana officinalis